

**Consent to the Use and Disclosure of Health Information  
for Treatment, Payment, or Healthcare Operations**

I understand that as part of my healthcare, Brian Milliken, LMFT originates and maintains health records describing my health history, symptoms, examination and test results, diagnoses, treatment, and any plans for future care or treatment. I understand that this information serves as:

- \* a basis for planning my care and treatment
- \* a means of communication among the many health professionals who contribute to my care
- \* a source of information for applying my diagnosis to my bill
- \* a means by which a third-party payer can verify that services billed were actually provided
- \* and a tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professionals

I understand and have been provided with a *Notice of Privacy Practices* that provides a more complete description of information uses and disclosures. I understand that I have the right to review the notice prior to signing this consent. I understand that Brian Milliken, LMFT reserves the right to change the notice and practices and prior to implementation will mail a copy of any revised notice to the address I've provided. I understand that I have the right to object to the use of my health information for directory purposes. I understand that I have the right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment, or healthcare operations and that Brian Milliken, LMFT is not required to agree to the restrictions requested. I understand that I may revoke this consent in writing, except to the extent that Brian Milliken, LMFT has already take action in reliance thereon.

I request the following restrictions to the use or disclosure of my health information:

Signature of Patient or Legal Representative Witness

The effective date of this Notice is April 14, 2003

Signature \_\_\_\_\_

Date: \_\_\_\_\_